

Republic of the Philippines  
DEPARTMENT OF EDUCATION  
Negros Island Region

**SCHOOLS DIVISION OF NEGROS ORIENTAL**  
**Office of the School Governance and Operations Division**

Capital Area, Dumaguete City

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
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SGOD Office (035) 225 - 6180

March 10, 2017

**DIVISION MEMORANDUM**

**TO :** Assistant Schools Division Superintendent  
Division Chiefs  
Division Education Program Supervisors/Division Coordinators  
Division Office Section Heads  
Division Personnel  
All Others Concerned

**FROM :**  **SALUSTIANO T. JIMENEZ, CESO VI**  
OIC, Assistant Regional Director  
Concurrent Schools Division Superintendent 

**SUBJECT: DIVISION HEALTH AND WELLNESS PROGRAM**

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1. Pursuant to Civil Service Commission Memorandum Circular No.8 s. 2011: **Reiteration of the Physical Fitness Program – “Great Filipino Workout** “designed to develop healthy and wholesome workplace, thus, the Human Resource Development Section in cooperation with the Health and Nutrition Section initiates a Division Health and Wellness Program every Tuesday and Thursday from 4:30 to 5:30 P.M. at the Division Conference Room , 3<sup>RD</sup> Floor , Division of Negros Oriental.
  2. The Wellness Program will start on March 14 ,2017 and end on December 2017. All Division Personnel are encouraged to join.
  3. Participants will be weighed and measured at the start and end of the wellness program to determine the biggest loser.
  4. There will be top three winners who will be awarded during the Division Christmas Party.
  5. For information and compliance.

10 MAR 2017