



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region VII, Central Visayas
SCHOOLS DIVISION OF NEGROS ORIENTAL
Capitol Area, Dumaguete City

December 20, 2017

DIVISION MEMORANDUM

No. 759 ; s. 2017

**REGIONAL TRAINING PROGRAM AND ACCREDITATION IN
SPORTS COACHING**

: CID & SGOD Chiefs
: Division Education Program Supervisors
: Education Program Specialists
: District Supervisors / Districts In-Charge
: Teaching / Non-Teaching Personnel

1. Please be informed of the conduct of the **Regional Training Program and Accreditation in Sports Coaching on December 26-29, 2017** at the **City of Naga Sports Center, Naga City, Cebu.**
2. The priority participants in this training are the unaccredited winning coaches and Asst. Coaches and chaperons qualified to serve the CVIRAA Meet 2018.
3. For more detailed information, Please see attached Regional Memorandum No. 0979 s. 2017.
4. Attached is the list of winning Coaches, Asst. Coaches and Chaperons.
5. This serves as your **Travel Order.**
6. Traveling and other incidental expenses are chargeable against School MOOE/ Local Funds or any available source subject to the usual accounting rules and regulations.
7. Wide dissemination of this Memorandum is desired.

For: **SALUSTIANO T. JIMENEZ, CESO VI**
Schools Division Superintendent *Aut*
OIC, Office of the Assistant Regional Director

21 DEC 2017

cf

**DEPARTMENT OF EDUCATION
REGION VII, CENTRAL VISAYAS
DIVISION OF NEGROS ORIENTAL**

**LIST OF COACHES, ASST. COACHES & CHAPERONS
FOR THE ACCREDITATION SEMINAR IN NAGA CITY, CEBU**

No.	Names	District	Event
1	Airus Lee Cabrera	Amlan	Coach, Archery Boys Sec.
2	Edgardo A. Zamora	Sta Catalina	Coach, Archery Girls Sec.
3	Frances Pinili	NOHS	Chaperon, Archery Girls Sec.
4	Johnrey T. Armonio	Canlaon -I	Coach, Arnis Boys Elem.
5	Janice B. Garlet	Canlaon- 2	Coach, Arnis Girls Elem.
6	Ryan Cyrus L. Larona	Canlaon	Arnis
7	Allan G. Oracion	NOHS	Coach, Arnis Boys Sec.
8	Elvira G. Sipalay	NOHS	Coach, Arnis Girls Sec.
9	Nemillo E. Garsula	Jimalalud	Coach, Athletics (Track) Boys Elem.
10	Verne Delegero	Tayasan	Coach, Athletics (Field) Boys Elem.
11	Roselyn F. Lopez	Jimalalud	Coach, Athletics (Track) Girls Elem.
12	Nikki Hayasen Butalid	Canlaon	Coach, Athletics (Field)Girls Elem.
13	Mat E. Gatcho	Jimalalud	Coach, Athletics (Track) Boys Sec.
14	Rex C. Catipay	Lalibertad	Coach, Athletics(Field) Boys Sec.
15	Abner Cabanting	Bindoy-2	Coach Athletics (Field) Girls Sec.
16	Rey A. Labrador	Jimalalud	Coach, Badminton Boys Elem.
17	Alvin Sanchez	Tayasan	Asst. Coach, Badminton Boys Elem.
18	Marilyn G. Vidal	Jimalalud	Coach, Badminton Girls Elem.
19	Cedlynette Villegas	Valencia	Asst.Coach, Badminton Girls Elem.
20	John Martin G. Caño	Sta Catalina	Coach, Badminton Boys Sec.
21	Imcee Miraflor	NOHS	Asst. Coach, Badminton Boys Sec.
22	Vincent Pascual Viason	Canlaon	Badminton
23	Joena P. Vidal	Jimalalud	Coach, Badminton Girls Sec.
24	Christine R. Verano	Mabinay	Asst. Coach, Badminton Girls Sec.
25	Russel C. Caday	Tayasan	Badminton
26	Rey Emmanuel B. Torres	Mabinay -2	Coach, Baseball Boys Elem.
27	Efren M. Baldado	Mabinay-1	Coach, Baseball Boys Sec.
28	Romando Y. Gariando	Lalibertad	Asst. Coach, Baseball Boys Sec.
29	Allan B. Alipan	Sta. Catalina	Coach, Basketball Boys Elem.
30	Jonathan P. Badon	Sta. Catalina	Coach, Basketball Boys Sec.
31	Jerome Silorio	Siaton	Asst Coach, Basketball Boys Sec.
32	Eva Baybay	Sta Catalina	Chaperon, Basketball Girls Sec.
33	Rey Requina	Mabinay	Basketball
34	Jhon Rusty E. Lopez	NOHS	Coach, Billiard Boys Sec.
35	Maricel T. Tropezado	NOHS	Coach, Billiard Girls Sec.
36	Jhorwin C. Elentorio	Bindoy	Coach, Boxing Boys Sec.
37	Gerardo E. Galan	Canlaon	Asst. Coach, Boxing Boys Sec.
38	Leah Sapuan	Valencia	Coach, Chess Boys Elem.
39	Gem Grefaldea	Sibulan	Chess
40	Brian Jones A. Bandico	Canlaon	Coach, Chess Girls Elem.
41	Lilibeth Gonzalez	Jimalalud	Chaperon, Chess Girls Elem.
42	Febe A. Villalon	Valencia	Coach, Chess Boys Sec.
43	Arnel L. Sapuan	Valencia	Coach, Chess Girls Sec.
44	Nene J. Paredes	Tayasan	Chaperon, Chess Girls Sec.
45	Cherry Mae Deciar	Sibulan	Coach, DanceSport Elem.
46	Alfien Divinagracia	Sibulan	Chaperon, DanceSport Elem.
47	Judee L. Cabilin	NOHS	Coach, DanceSport Sec.
48	Greg Nicolas Cañete	NOHS	Chaperon, DanceSport Sec..
49	Rowelino S. Sarte	Bacong	Coach, Football Boys Elem.
50	Shalotte D. Acal	NOHS	Coach, Futsal Girls Sec.

51	MellyB. Saoi	Zamboanguita	Coach, Gymnastics Girls Elem.
52	Aileen P. Buscato	NOHS	Coach, Gymnastics Girls Sec.
53	Bonachita Maria Edithatos	Amlan	Coach, Aero Gymnastics Girls
54	Buencristie O. Grabillo	Tayasan	Coach, Lawn Tennis Boys Elem.
55	Irene Bolongaita	Tayasan	Coach, Lawn Tennis Girls Elem.
56	Ma. Lina Eltanal	Zamboanguita	Coach, Lawn Tennis Boys Sec.
57	Licilla F. Gerodiaz	Tayasan	Coach, Lawn Tennis Girls Sec.
58	Jaime B. Gumizad	Zamboanguita	Coach, Pencak Silat Girls Sec.
59	Krist Josue D. Credo	Zamboanguita	Coach, Sepak Takraw JR Boys Elem.
60	JC Jun S. Alvarico	Tayasan	Coach, Sepak Takraw SR Boys Sec.
61	Felyn I. Quiñanola	Jimalalud	Coach, Sepak Takraw SR Girls Sec.
62	Imelda Rodriguez	Mabinay	Coach, Softball Girls Elem.
63	Irene May Rodriguez	Mabinay	Softball Elem.
64	Mary Mitchille Tumacas	Jimalalud	Chaperon, Softball Girls Sec.
65	Glen Embalsado	Ayungon	Softball
66	Charlita Canopin	Canlaon	Coach, Swimming Boys Elem.
67	Alberto Arbuís	Canlaon	Coach, Swimming Girls Elem.
68	Mirasol Encabo	Canlaon	Chaperon, Swimming Girls Elem.
69	Lezada, Lorga	Canlaon	Coach, Swimming Boys Sec.
70	Giles Roxas	NOHS	Chaperon, Swimming Boys Sec.
71	Bethel Ann Parco	NOHS	Coach, Swimming Girls Sec.
72	Emely Calderon	Canlaon	Chaperon, Swimming Girls Sec.
73	Rodolph D. Gerodiaz	Tayasan	Coach, Table Tennis Boys Elem.
74	Hannaly Umali	Sta Catalina	Coach, Table Tennis Girls Elem.
75	Roland Eslabon	Canlaon	Coach, Table Tennis Girls Sec.
76	Harold Espares	Zamboanguita	Coach, Taekwondo Boys Elem.
77	Jose Israel Canoy	Canlaon	Coach, Taekwondo Girls Elem.
78	Maricel Credo	Zamboanguita	Taekwondo
79	Marie Sinead E. Tia	NOHS	Coach, Taekwondo Boys Sec.
80	Jane Gale Verances	Zamboanguita	Coach, Taekwondo Girls Sec.
81	Mary Grace T. Tejam	Dauin	Coach, Volleyball Boys Elem.
82	Gregonio Moleño	Sta Catalina	Asst. Coach, Volleyball Boys Elem.
83	Pilarita Vincoy	Valencia	Coach, Volleyball Girls Elem.
84	Cryslyn P. Serio	Canlaon	Asst. Coach, Volleyball Girls Elem.
85	Concordio Alas-as Jr.	Dauin	Coach, Volleyball Boys Sec.
86	Bembo Tangeres	SanJose	Asst. Coach, Volleyball Boys Sec.
87	Elineta S. Ampalayo	NOHS	Coach, Volleyball Girls Sec.
88	Fedie Bombeth Bonagudos	Sibulan	Asst. Coach, Volleyball Girls Sec.
89	Al Pasagingue	Siaton	Coach, Wrestling (Boys & Girls) Sec.
90	Ench E. Hucal	Mabinay	Coach, Wushu (Boys) Sec.
91	Carina Segovia	Zamboanguita	Coach, Wushu (Girls) Sec.
92	Cynthia Locsin	Canlaon	Coach, SPED Athletics ID(Male 16yrs above)
93	Annalou Rabanal	Siaton	Asst. Coach, SPED Athletics ID(Male 16yrs above)
94	Rosepel Faderon	Canlaon	Asst. Coach, SPED Bocce ID
95	Loida Quilnet	Siaton	Coach, SPED Athletics (Male 15yrs below)
96	Rose Marie Bonifacio	Canlaon	Coach, SPED Athletics
97	Aitor Liu	Mabinay	Asst. Coach, SPED Athletics
98	Malony Masicampo	Canlaon	Coach SPED Athletics ID
99	Honey Joy Cadeliña	Mabinay	Coach, SPED Athletics (Visually Impaired)
100	Chico Ragay	Sta Catalina	Coach, SPED Goal Ball

Submitted By:



ALLAN A. TABIO

EPS, Division Sports Officer



REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City



REGIONAL MEMORANDUM

No. 0079, s. 2017

DEC 13 2017

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING

To: Schools Division/City Superintendents
Officers-in-Charge of Regular/Interim Divisions
All Others Concerned

1. In its effort to upgrade the coaching competencies of CVIRAA Coaches and Trainers, this Office through the Education Support Services Division (ESSD) in coordination with the Human Resource Development Division will conduct a Regional Training Program and Accreditation in Sports Coaching on **December 26-30, 2017 at the City of Naga Sports Center, City of Naga, Cebu** in cooperation with the Schools Division of the City of Naga.
2. This activity aims to:
 - a) capacitate coaches and trainers on the current trends, scientific coaching and training techniques in their respective sports discipline;
 - b) cover the roles and functions of the coach in modern training methodologies, player development and in promoting ethical values and sportsmanship; and
 - c) accredit coaches and asst. coaches qualifiers of Region VII to the CVIRAA Meet 2018 and Palarong Pambansa 2018.
3. Participation is a priority and a **MUST** for all Division winning, new and unaccredited Coaches and Asst. Coaches qualified to serve for the CVIRAA Meet 2018 ensuring fair representation of male and female participants ~~with age requirement below 50 years old~~. Participants are required to: 1) present medical certificate, 2) certification from the SDS or School Head that they are actively coaching an event; 3) passport size picture with written name and event; 4) bring their own beddings / linens; and 4) bring their own instrument and official apparel of their sports event. MAPEH Supervisors are requested to submit a list with the names of their division participants to the ESSD Office on or before December 19, 2017.
4. Travel, per diems and other incidental expenses of all participants including DepEd Facilitators / Speakers shall be charged to division/school local SEF/MOOE or any available funds while 3 meal provisions and 2 snacks per day, training kits and materials and allowance of Resource Speakers shall be charged to Regional Palaro / HRTD or any available funds subject to accounting and auditing rules and regulations. First meal to be served will be breakfast on December 26, 2017 while last meal will be PM snacks on December 29, for Non-Combative Events and December 30, for Combative Events, respectively. Inasmuch as December 26 was declared a holiday, DepEd personnel / employees are authorized to claim compensatory time credits / off (CTO) or service credits.
5. Immediate dissemination of this Memorandum is desired.

Juliet A. Jeruta
JULIET A. JERUTA, Ph.D., CESO V
Director III
Officer-In-Charge

ESSD
Office of the Director (ORDir), Tel. Nos.: (032) 231-1433; 231-1309; 414-7399; 414-7325; Office of the Assistant Director, Tel. No.: (032) 255-4542
Field Technical Assistance Division (FTAD), Tel. Nos.: (032) 414-7324 Curriculum Learning Management Division (CLMD), Tel. Nos.: (032) 414-7323
Quality Assurance Division (QAD), Tel. Nos.: (032) 231-1071 Human Resource Development Division (HRDD), Tel. No.: (032) 255-5239
Education Support Services Division (ESSD), Tel. No.: (032) 254-7062 Planning, Policy and Research Division (PPRD), Tel. Nos.: (032) 233-9030;
414-7065 Administrative Division, Tel. Nos.: (032) 414-7326; 414-4367; 414-7366; 414-7322; 414-4367
Finance Division, Tel. Nos.: (032) 256-2375; 253-8061; 414-7321

“EFA 2015: Karapatan ng Lahat, Pananagutan ng Lahat”

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING

December 26-29, 2017, City of Naga Sports Center, City of Naga, Cebu

MANAGEMENT TEAM

Program Director	Dr. Juliet A. Jeruta, Regional Director
Chief Program Manager	Dr. Luz C. Jandayan, Chief, ESSD and QAD
Asst. Program Managers (M&E Group)	Dr. Adeline C. Luarez, RSAC Chairperson / NSAC Member All 19 Division MAPEH Supervisors / Sports Coordinators
Training Coordinators	Dr. Leah B. Apao, Chief, FTAD / HRDD Mr. Victor V. Yntig, Chief, Admin Services Division Mr. Misael G. Borgonia, EPS, HRDD Dr. Berna J. Ysulan, PDO-IV, ESSD
Finance Manager	Mr. Aniano T. Bautista, Jr. Chief, Finance Division
ICT / Resource Staff	Engr. Noemi C. Guillen, Engr. Char May D. Yngayo, Engr. Mary Danielle Hipe, Mrs. Grace B. Espos, Ms. Norien A. Mercado

WORKING COMMITTEES

Registration

Adeline C. Luarez
Norien A. Mercado
Loida Allego
Maria Nessa Tio-Espina
Brigith C. Jugasan

Ways and Means

Cirilo Calatrava
Ranilo Edar
Faviolito Alberca
Elizalde Tangoan
Brendo Torres

Accommodation / Playing Venues / Equipment

Alberto Arestila
City of Naga Division Sports Coordinators
Earl Aso

Documentation

Johnnyline P. Jagdon
Brigolito Brigoli
Amiele Yngayo

Program (Opening & Closing) / Socials

Nenita Jaralve
Valentin L. Jacobe
Rosenie Saraña
Deo Aton III

Food Committee

Grace B. Espos
Mayonito Abaquita
Philip Nacario
Niño Matillano
Ardale Bayawa

Transportation

Alberto Arestila
Alberto Lacang
Allan Tabio
Andrito Bajardo
Arturo Adriatico, Jr.
Elizalde Tangoan

Medical

Dr. Berna J. Ysulan
Ms. Janice S. Tomimbang
Dr. Josephine D. Valencia
Dr. Melissa M. Paradela
Ms. Arsenia Bumaya
Ms. Jocelyn Lataza

Certificates / Handouts

Allan Villacampa
Norien Mercado
Noemi Guillen
Char May Yngayo

QAME / Process Observers

Emerson Degamo
Rican Montejo
Renezar Ferolino
Jemelou Dakay

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING
December 26-30, 2017, City of Naga Sports Center, City of Naga, Cebu

List of Resource Speakers / Facilitators

Plenary Session:

1. Kris Michael Padlan Junasa
 - BS in Sports Science, UST
 - Sports Science Officer of the Province of Davao Del Norte
 - Certified Strength and Conditioning Coach, Australian Strength and Conditioning Association (ASCA), Australian Sports Commission (ASC), Australian Government
 - Certified Level 1 International Athletics Association Federation (IAAF)
2. Atty. Leslie Joie Babatuan
 - DepED Region VII Legal Officer / Attorney IV
3. Dr. Grace B. Espos
 - Registered Nutritionist-Dietitian, DepED Region VII

Sports Event	Name	Division	No.
Archery	Heracleo Patrimonio	Dumaguete City	2
	Rowel Merto	Dumaguete City	
Arnis	Noel B. Daculan	Mandaue City	3
	Lucio Beduya, Jr.	Mandaue City	
	Jude Gelig	Cebu City	
Athletics	Arturo Punay	Cebu Province	6
	Elberto Banzon	Cebu City	
	Daniel Noval	Cebu City	
	Ernesto Ybañez	Cebu City	
	Priscilliano Capangpangan	Mandaue City	
	Angel Sical	Cebu City	
Badminton	Melanie E. Tecson	Cebu City	3
	Edward Luke Paulin	Cebu Province	
	Mark Sierras	Danao City	
Baseball	Luciano Inting	Bohol	2
	Beltran Aragon	Cebu Province	
Basketball	Exequiel Cifra	Bohol	4
	Aurelio Eslawan	Mandaue City	
	Bonifacio Ejercito	Cebu City	
	Elmer Cabahug	Private Trainor	
Billiards	Omar Ylanan	Cebu City	1
Boxing	Benjamin Tiongzon	Mandaue City	3
	Nathaniel Toradio	Bohol	
	Peter Cuizon	Mandaue City	
Chess	Felix Poloyapoy, Jr.	Cebu City	3
	Mark Kevin Angtud	Cebu City	
	Romeo Poloyapoy	Toledo City	
Football	Juan Torregosa	Bohol	3
	Francis Ramirez	Cebu City	
	Tomasito Glenn Ramos	Cebu City	

Futsal	Mamerto Patrick de la Torre	Neg. Or.	2
	Pinky Estrada	Cebu City	
Gymnastics MAG	Celso Mayol	Mandaue City	1
	Gymnast Demonstrators		4
Gymnastics WAG	Rowena Mayol	Mandaue City	2
	Randyl June Villarosa	Cebu City	
Gymnastics RG	Lussel Intrina	Talisay City	2
	Lovely Rose Adlawan	Mandaue City	
Sepak Takraw	Deni Kent mariot	Neg. Or.	2
	Mario Gicain	Cebu City	
Softball	Rosalinda Butcon	Bohol	3
	Maida Credo	Cebu City	
	Jackson Genolaga	Cebu City	
Swimming	Artemio Palma	Bohol	2
	Sherlito Saliste	Bohol	
Table Tennis	Joseph Lincuna	Bohol	2
	Jessica Honoridez	Cebu City	
Taekwondo	Edsel M. Ursal	Cebu Province	4
	Grace Arnibal	Cebu City	
	Amiel Villarmente	Cebu Province	
	Gerald Paglinawan	Cebu City	
Tennis	Rene Borgonia	Cebu Province	4
	Normando Panilag	Cebu City	
	Robbie Soquiño	Cebu City	
	Martin Tavera	Bohol	
Volleyball	Jonathan Goyeneche	Bohol	3
	Columbus Patentos	Cebu City	
	Noel Bayno	Dumaguete City	
Wrestling	Rolando Rondes	Cebu City	1
Wushu	Osias R. Cartagena, Jr.	Cebu City	1
DEMO SPORTS:			
DanceSports	Crisaldo Rendon	Cebu City	2
	Marc Ladaran	Cebu City	
Pencak Silat	Robrien Elnar	Negros Oriental	1
Aerobics Gymnastics	Armando V. Asuncion	PGA, National Coach	2
	Psyche Mascardo	Dumaguete City	
SPED:			
BOCCE	Prescila Labajan	Cebu City	1
Goal Ball	Elenita Retiza	Mandaue City City	1
	Maria Delia Miñoza	Mandaue City	1
Swimming	To join with Swimming regular event		
Athletics 15 & Below 16 & Above	To join with Athletics regular event		

REGIONAL TRAINING PROGRAM AND ACCREDITATION IN SPORTS COACHING
 City of Naga, Cebu
 December 26-30, 2017

PROGRAM MATRIX

Time	Day and Particular Activities		Day and Particular Activities		Day and Particular Activities		Day and Particular Activities	
	December 26, 2017		December 27, 2017		December 28, 2017		December 29, 2017	
6:00 – 7:00 A.M.	Arrival and Registration		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
7:00 – 8:00 A.M.			Break-Out by Event / Pre-Test	Physical Fitness				
8:00 – 9:00 A.M.	Opening Program Amenities: National Anthem Prayer Regional Hymn Welcome Message Presentation of Participants by SDOs Rationale and Mechanics Plenary Sessions:		Life Skills	Basic Training and Skills Demonstration	Practicum: Skills Demonstration For Non-Combative Sports	Practicum: Skills Demonstration for Combative Sports	Practicum: Skills Demonstration for Combative Sports	Practicum: Skills Demonstration for Combative Sports
			Technical Duties and Functions of a Coach					
	Rules and Laws of the Game		Interpretation of the Rules of the Game					
9:00 – 10:00 A.M.	Sports Psychology and Philosophy By Kris Mishael P. Junasa							
10:00 – 11:00 A.M.	Ethical Rights and Legal Responsibilities of a Coach By Atty. Leslie Jolie Babatuan		By Event Resource Speakers and Facilitators					
11:00 – 12:00 NN								
12:00 – 1:00 P.M.	Lunch Break		Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
1:00 – 2:00 P.M.	Strength Training & Conditioning By Kris Mishael P. Junasa		Coaching Method	Continuation on Basic Training and Skills Demonstration	Lunch Break	Lunch Break	Lunch Break	Lunch Break
2:00 – 3:00 PM								
3:00 – 4:00 P.M.	Sports Injury Prevention Management and Approach Guidelines By Kris Mishael P. Junasa		Coaching Technique and Strategies					
4:00 – 5:00 P.M.	Sports Nutrition By Grace B. Espos		By Resource Speakers and Facilitators					
5:01 – 6:00 P.M.								
6:00 – 7:00 P.M.	Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Debriefing: Program Management Teams, Facilitators, Process Observe								
MERRY CHRISTMAS AND A HAPPY NEW YEAR 2018!!!								