



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region VII, Central Visayas

SCHOOLS DIVISION OF NEGROS ORIENTAL
Office of the Schools Governance and Operations Division
Capitol Area, Dumaguete City

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November 16, 2017

DIVISION MEMORANDUM

No. 669 s. 2017

"SOUND THE SUICIDE AND SELF-HARM IN OUR SCHOOLS"

To: Chiefs (CID & SGOD)
Division Education Supervisors & Division Coordinators
Education Program Specialists
District Supervisors/District In-Charge
All Elementary and Secondary School Heads
All Others Concerned

1. Attached is a communication from Maria Luz Calumpang-Fuentes, PhD., of Maria Luz CPD Consultancy Training re: **SOUND the Suicide and Self-Harm in our Schools** on December 9, 2017 (1-5 PM) at Check-Inn, Dumaguete City, Philippines.
2. Attendance to this training is on **OFFICIAL TIME ONLY**.
3. For details, please see attached communication.
4. For the information and guidance of all concerned.

SALUSTIANO T. JIMENEZ, CESO VI
OIC- Office of the Assistant Regional Director
Concurrent, Schools Division Superintendent

STJ/rbp/imsm2017

2017

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MA'AM RACHEL

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S.O.S.

**SUICIDE AND
SELF HARM IN OUR
SCHOOLS**

4-2554
06 NOV 2017
SECTION

November 6, 2017

Salustiano T. Jimenez, LI. B., CESO VI
Assistant Regional Director, Region VII
Concurrent Schools Division Superintendent

Dear Dr. Jimenez,

Greetings!

Suicide is the third leading cause of death for 15- to 24 years old and through the passing of years, they get younger and younger. Suicide does not just happen. Studies show that at least 90% of teens who kill themselves have some type of mental health problem, such as depression, anxiety, drug or alcohol abuse or a behavior problem (Teen Suicide Statistics). They may also have problems at school or with friends or family, or a combination of all these things. Some teens may have been victims of sexual or physical abuse. Others may be struggling with issues related to sexual identity. Usually they have had problems for some time.

Teachers, guidance counselors play a BIG role in the decline in teen suicide by its early detection, evaluation and effective treatment by professionals.

**MARIA LUZ CPD
CONSULTANCY TRAINING**



*Who dares teach much never cease
to learn (John C. Dana)*

Maria Luz Calumpang – Fuentes, PhD
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0917-6585767

Licensed Teacher since 1997
Email Address:
merlo.calumpang@yahoo.com.ph
merloclinpsych@gmail.com

MISSION

To provide convenient opportunities to teachers in the NEGROS ISLAND REGION and neighboring regions to meet the required continuing education in various skills sets.

VISION

A society with access to quality education for all guided by competent, morally upright and dedicated educators/trainers.

CORE VALUES

Professionalism,
Innovation (new, up-to-date, cutting edge),
Relevance (useful, practical, applicable methods)

SOUND the

S.O.S.

**SUICIDE AND
SELF HARM IN OUR
SCHOOLS**

The recent 3rd Teen Congress, "*Working Together to Address Suicide and Self-Harm in Our Schools*" discussed these issues. I would like to share the information through an echo-seminar entitled

SOUND the **S.O.S.**

SUICIDE AND SELF HARM IN OUR SCHOOLS

with the teachers and guidance counselors.

I am sincerely requesting for your recommendation to encourage your teachers/guidance counselors to attend the seminar on December 9, 2017. Please refer to enclosed flyer.

Thank you.

Sincerely,



MARIA LUZ CALUMPANG-FUENTES, PhD

**MARIA LUZ CPD
CONSULTANCY TRAINING**



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MISSION

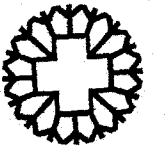
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THE MEDICAL CITY
Where patients are partners



DEPARTMENT OF PSYCHIATRY
SECTION OF CHILD AND ADOLESCENT PSYCHIATRY
DEPARTMENT OF PEDIATRICS
ADOLESCENT WELLNESS CENTER
and
CENTER FOR PATIENT PARTNERSHIP



CERTIFICATE OF ATTENDANCE

MARIA LUZ CALUMPANG - FUENTES, Ph.D.

for having attended the 3rd TEEN CONGRESS entitled
**SOUND THE SOS:
Working Together to Address Suicide and Self-Harm in Our Schools**
on October 28, 2017 at the
Augusto M. Barcelona Auditorium, 6th Floor, Podium Building, The Medical City
Ortigas Avenue, Pasig City, Metro Manila, Philippines

From Maria M. Sanchez, M.B.
DR. ROSA MARIA H. NANCHO
Overall Chair, Teen Congress
Section of Adolescent Medicine
Department of Pediatrics

Dr. Delfin B. Santos
DR. DELFIN B. SANTOS
Chairman
Department of Pediatrics
The Medical City

Dr. Maria Imelda B. Batar
DR. MARIA IMELDA B. BATAR
Chairman
Department of Psychiatry
The Medical City

Dr. Cornelio G. Banaag Jr.
DR. CORNELIO G. BANAG JR.
Overall Chair, Teen Congress
Section of Child and Adolescent Psychiatry
Department of Psychiatry



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**SUICIDE AND
SELF HARM IN OUR
SCHOOLS**

November 6, 2017

**Working Together to Address
Suicide and Self-harm in our Schools:**

**A Forum for
Parents, School Counselors & Educators**

Calling all educators and school counselors. Let us come together to talk about how to address suicide, depression, and self-harm in our schools.

1-5pm, Saturday
December 9, 2017
Check-Inn, Dumaguete City

Fee: PhP500 (inclusive of snack)

Let us Sound the SOS on Suicide and Non-Suicidal Self-Harm Injury (NSSI).

For registration & inquiries please call:

MARIA LUZ CALUMPANG-FUENTES, PhD
0917-6585767