

Republic of the Philippines **DEPARTMENT OF EDUCATION** Negros Island Region

### SCHOOLS DIVISION OF NEGROS ORIENTAL Office of the School Governance and Operations Division

Capitol Area, Dumaguete City

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May 29, 2017

**DIVISION MEMORANDUM** No. 274; s. 2017

TO : Assistant Schools Division Superintendents

: CID & SGOD Chiefs

: Division Education Program Supervisors / Education Program Specialist

: District Supervisors / District In-Charge : Division Office Section Heads & Personnel

: School Heads of Public / Private Elementary / Secondary Schools

: Coaches, Asst. Coaches, Chaperons & all qualified athletes for the Palarong NIR 2017

: All others concerned

CELANIE T. CABRERA ASSISTANT SCHOOLS DIVISION SUPERINTENDE

: SALUSTIANO T. JIMENEZ, CESO VI FROM

OIC-Office of the Assistant Regional Director

Concurrent OIC, Office of the Schools Division Superintendent

: PHILIPPINE VOLLEYBALL FEDERATION (PVF) NATIONAL COACHES COURSE, SUBJECT

LEVEL-1 TRAINING

- 1. Attached is the Regional Memorandum No. 174, s. 2017, re: invitation letter from Mr. Roger A. Banzuela, Executive Vice-President for the Visayas of the PVF inviting Coaches and Division Sports Coordinators to participate in the PVF National Coaches Course, Level-1 Training on May 30-June 3, 2017 at Foundation University, Dumaguete City.
- 2. Registration fee is 4,500.00
- 3. Traveling, registration fee and other incidental expenses are chargeable against School MOOE/Local Funds or any available source subject to the usual accounting and auditing rules and regulations.
- 4. Wide dissemination of this Memorandum is desired.

<sup>&</sup>quot; EPA 2017: Karapatan ng Lahat, Pananagutan ng Lahat"



# REPUBLIC OF THE PHILIPPINES DEPARTMENT OF EDUCATION NEGROS ISLAND REGION

May 18, 2017

REGIONAL MEMORANDUM No. 174 -, series of 2017

p: 5/19/17

#### **PVF NATIONAL COACHES COURSE, LEVEL 1**

To: All Schools Division Superintendents All Concerned

- 1. Attached is an invitation letter from Mr. Roger A. Banzuela, Executive Vice-President for the Visayas of the Philippine Volleyball Federation (PVF) inviting Coaches and Division Sports Coordinators from Negros Island Region to participate in the PVF National Coaches Course, Level 1 Training on May 30 June 3, 2017 at Foundation University, Dumaguete City.
- 2. Traveling expenses and registration fee of P 4,500.00 may be charged to local funds, school MOOE or other available funds, subject to the usual accounting and auditing rules and regulations.
- 3. Widest dissemination of this memorandum is desired.

GILBERTA, SADSAD, CESO V OIC-Regional Director

ESSD/sports/Aguilar/035 422 1579



### PHILIPPINE VOLLEYBALL FEDERATION NATIONAL COACHES COURSE LEVEL 1 DUMAGUETE CITY

OFFICIAL INVITATIONS May 2, 2017

CONTROL NO. (437
RECEIVED BY: 5-10-1)

DR. GILBERT T. SADSAD, CESO V Director III Negros Island Region

> THRU: MR. ADOLF P. AGUILAR Chief, ESSD Negros Island Region

Dear Dr. Sadsad,

Warmest Greetings!

I wish to inform you that the Philippine Volleyball Federation (PVF) in partnership with Foundation University – Institute of Youth Sports for Peace and Negros Island Region Volleyball Federation (an interim organization) will be conducting a PVF NATIONAL COACHES COURSE LEVEL 1 on May 30, 31, June 1, 2, & 3, 2017 at Foundation University – IYSP, Dumaguete City.

The PVF NATIONAL COACHES COURSE – LEVEL 1 is a coach training and certification program establish by the FIVB to help the Philippine National Federation (PVF) coaches development program. The principal objective of this course id to develop and improve the abilities of coaches (like the NIR Coaches) working with student – athletes at all levels.

In view of this, we would like to request for your/office OFFICIAL ENDORSEMENT OF THIS PVF NATIONAL COACHING COURSE LEVEL 1 that will surely benefit the NIR Volleyball Coaches.

Thank you.

Get involved & Keep the Ball Flying!

ROGER A.IBANZUELA

Executive Vice-President for Visayas Philippine Volleyball Federation and Course Coordinator

Mobile No.: 09288788746 Email: pres.rab@gmail.com

#### I. GENERAL INFORMATION

1. Venue

: Foundation University - IYSP, Dumaguete City

2. Course Date

: May 30, 31, June 1, 2, 3, 2017

3. Financial Conditions

: Registration Fee: Php. 4,500.00

4. Inclusive of the Following

PVF – NCC Level 1 Course Kit

PVF – NCC Level 1 T-Shirt

Meals (A.M. Snacks – Lunch – P.M. Snacks)

5. Deadline of Registration

: May 20, 2017

#### II. GENERAL CONDITIONS AND GUIDELINES:

- 1. The Participant must be a practicing and active Volleyball Coach
- 2. The Participant must be in Good Health and Physical Condition
- 3. The Participant must be Knowledgeable with Volleyball Skills and Terms
- 4. The Participant must submit the PVF NCC Enrolment Form with the Corresponding Registration Fee on or Before May 20, 2017.

\*\*\*Slots are Limited to 50 Participants Only\*\*\*
(On A First Come, First Serve Basis)

#### PHILIPPINE VOLLEYBALL FEDERATION



### NATIONAL COACHES COURSE LEVEL I DUMAGUETE CITY

May 30, 31, June 1, 2, 3, 2017

DAY	DATE	0800 - 1015	1030 - 1200	1300 - 1530   1545 - 1800	Remarks
	30-MAY TUESDAY	* REGISTRATION	* Volleyball	* Introduction to Practical Examination	* Election of Course Leader
		- OPENING CEREMONY	for beginners	Drills and Practice	and Assistant Course
	ľ	* History of Volleyball	(Introduction to	1. Serving for Reception	Leader (1200)
		* FIVB	Mini and Mass	2. Tossing for Setting	
		a. Sructure and	Volleyball)	3. Tossing for Spiking	-
		Global Programmes	* Nature of Volleyball	3a. Tossing for Quick Spiking	
	1	b. Development and	as a Team Sports	3b. Tossing for Open Spiking	
	1	Status of Volleyball		4. Spiking for Defense	The same of the sa
		c. Coaches Course			*
	. [	System			
		(1)		(P) FU - FPA BLUE GYM	
		FU - FPA AVR			
2	31-MAY	* What is Coaching	* TEACHING BASIC	* Teaching Methods for Beginners and	* Practical Exam Preparation
	WEDNESDAY	* Types of Coaches &	INDIVIDUAL	Presentation of Lead-Up Games	(P)
		Coaching Styles	TECHNIQUES	1. Play with a Ball with one Player	
		* Role of a Coach	1. Serving	2. Play with a Ball with two Players	
		* Coaching Ethics		3. Introduction to Underhand Passing	
		* Basic Theory of	2. Passing	4. Introduction to Underhand Service	
		Training		5. Introduction to Overhead Passing	
			3. Setting	6. Introduction to Lead-Up Games	1
		(1)		(P) with Practice Teams	
		FU – FPA AVR		FU – FPA BLUE GYM	1
DAY	DATE	0800 - 1015	1030 - 1200	1300 - 1530 1545 - 1800	Remarks
3	1-JUNE THURSDAY	* Rules of the Game	* TEACHING BASIC	* Application of Teaching	* Practical Exam Preparation
	INURSUM!	(2017-2020 edition)	INDIVIDUAL	Basic Individual Techniques	(P)
		Instructions for:	TECHNIQUES		* Course Group Photo
			4. Spiking	* Practice for Practical Exam	with Practice Teams
		a. Team Captain	5. Blocking		
		b. Coach	6. Digging	and the second of the second o	The College of the Co
		2. Players			
		<u>(7)</u>		(P) with Practice Teams	4
	<u> </u>	FU - FPA AVR		FU – FPA BLUE GYM	
4	2-JUNE FRIDAY	* Written Examination (9800-1900)		* Community Service Component	* Practical Exam Preparation
		<u> </u>		Free Volleyball Clinic to be facilitated by	(P)
		FU – FPA AVR		NCC Level I participants on a chosen	* Course Group Photo
		* Group Prepration for Commuity		Public School or Barangay-based Sports	with Volleyball Clinic
		Service (1015-12000) (P) FU FPA BLUE GYM		Program	Participants
				(P)	
	3	Practical Examination		* CLOSING CEREMONY	* Course Group Photo
5	SATURE VARIETAS	· ioobout Exeminate		1	1
5	3-JUNE SATURDAY				
5	1		ctice Teams	FU – FPA BLUE GYM	enement of the second of the s

COURSE DURATION: 5 days - 8 hours per day (TOTAL: 40 hours) P=Practical Session T=Theory Session COURSE DIRECTOR: ROGER A BANZUELA

COURSE INSTRUCTOR:

## 2X2 PHOTO

PHILIPPINE VOLLEYBALL FEDERATION



NCC. 1

PVF NCC ENROLLMENT FORM

SEAL AND SIGNATURE OF PARTICIPANT'S FED.
Seau et signature de la Fédération du participant

I REGISTER FOR THE COURSE TO BE HELD IN Je m'inscris au cours qui aura lieu afen TO: Sexe: DIMN FAMILY NAME: i/m/a Nom: BIRTHDATE: Date de naissence: NAME: LANGUAGES SPOKEN Prenom Langues periées: ADDRESS: Adresse: CITY: Ville CITIZENSHIP: Citoyennete: COUNTRY: Pays: PHONE: Mobile: FAX: SIZE OF T-SHIRT E-MAIL: PARTICIPANT'S SIGNATURE Signature du participant PLACE: DATE: Lieu:

NOTE:

PLACE:

Lieu:

THIS PARTICIPANT'S ENROLLMENT FORM IS TO BE SENT TO THE ORGANISING FEDERATION OF THE COACHES COURSE AND FORWARDED BY THE ORGANISER OF THE COURSE TO THE COURSE DIRECTOR UPON HIS ARRIVAL.

DATE:

Date

Co formataine de carvildature doit être envoyé à la Fédération organisatrice du cours d'entraîneurs et remis per l'organisateur du cours au Directeur de ce dernier