

Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
Negros Island Region

**SCHOOLS DIVISION OF NEGROS ORIENTAL**  
**Office of the School Governance and Operations Division**  
Capitol Area, Dumaguete City

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SGOD Office (035) 225 - 6180

May 16, 2017

**DIVISION MEMORANDUM**

No. 150 s. 2017

**ECHO SEMINAR ON RESPONDING TO STUDENTS IN NEED/LIFE  
SAVING SEMINAR (PSYCHOLOGICAL FIRST AID IN SCHOOLS)**

TO: ASDS  
Chiefs, CID & SGOD, DEPS, SEPS, EPS  
District Supervisors/District In-Charge  
Public Elementary and Secondary School Heads  
All Others Concerned

1. Attached is the **NIR Regional Memorandum No. 167, s. 2017** announcing the conduct of the ECHO SEMINAR ON RESPONDING TO STUDENTS IN NEED/LIFE SAVING SEMINAR (PSYCHOLOGICAL FIRST AID IN SCHOOLS) to be conducted by the Ateneo Bulatao Center for Psychological Services, with a tentative schedule on June 15-16, 2017 at Plaza Maria Luisa Suites Inn, Dumaguete City.
2. A registration of two thousand (Php 2,000) shall be collected from each participant to cover accommodation and meals.
3. Education Program Supervisor for Values Education and Guidance Counsellor and Designates are encouraged to attend the said seminar.
4. For details, see attached communication and enclosure.
5. For the information and guidance of all concerned.

MAY 16 2017

f: **SALUSTIANO T. JIMENEZ, CESO VI**  
OIC-Office of the Assistant Regional Director  
Concurrent, Schools Division Superintendent

5/16/17



Be One of us! Be Counted, Let's Practice  
**W.A.T.C.H.**  
We Advocate Time Consciousness and Honesty



Republic of the Philippines  
DEPARTMENT OF EDUCATION  
NEGROS ISLAND REGION



D: 5/11/17 &

RELEASED	
CONTROL NO.	1439
RELEASED BY:	[Signature]
DATE RELEASED:	5-11-17

May 11, 2017

REGIONAL MEMORANDUM

No. 167, s. 2017

ECHO SEMINAR ON RESPONDING TO STUDENTS IN NEED/LIFE SAVING  
SEMINAR (PSYCHOLOGICAL FIRST AID IN SCHOOLS)

TO : All Schools Division Superintendents  
All Others Concerned

1. Please refer the herein – attached letter from Clinical Psychology, **Maria Luz Calumpang – Fuentes, PhD**, dated 11 May 2017, **RE: Two (2)-Day Echo Seminar on Responding to Students in Need/Life Saving Seminar (Psychological First Aid In Schools)** on June 15-16, 2017 at Plaza Maria Luisa Suites Inn, Dumaguete City, Negros Oriental which is self-explanatory.

2. Anent to this, you are hereby encouraged to send participants such as Education Program Supervisor in Values Education and Teachers in Public and Private Schools in your respective area of supervision for the aforesaid seminar. Likewise, interested participants may confirm their attendance thru this email address: [agustin.lood@deped.gov.ph](mailto:agustin.lood@deped.gov.ph) or text complete name, school name and schools division office on or before **May 26, 2017** to the herein cellular phone numbers: 09177182845 & 09176585767.

3. For information and guidance.

  
**GILBERT T. SADSAD**  
Director III  
OIC – Regional Director

CLMD/all

**Maria Luz Calumpang-Fuentes, PhD**

**Clinical Psychology**

Email Address: merlinda@psychological.com  
Contact number: 0917-385747

May 11, 2017

Gilbert T. Sadsad, CESO V  
Director 111  
Officer-in-Charge  
Office of the Regional Director  
NIR, Dumaguete City

<b>RECEIVED</b>	
CONTROL NO.	487/1041
RECEIVED BY:	2/11
DATE RECEIVED:	5-11-17

Dear Mr. Sadsad:

Greetings!

Recent Philippine studies show that 1 in 5 Filipino adults are suffering from mental disorders. This plus the 10 to 15% of children aged 5 to 15 believed affected by mental health problems as well. According to a 2014 report of the World Health Organization, there were 2,558 cases of suicide due to mental health problems in the Philippines in the year 2012 alone. These statistics tell the sad story about the mental health situation in the Philippines.

As a public concern, mental illness hits the most vulnerable sectors of society- the young and the poor. And while it is long overdue, schools should put importance in this aspect of Philippine healthcare. Conversations should start within families and most importantly the schools, where help is within reach. The shadow of stigma and discrimination should begin in the basic units of society.

In this connection, after attending a 3 day eye opener seminar on **Responding to Students In Need (Psychological First Aid in Schools)**, at the **Ateneo Bulatao Center for Psychological Services** I felt the need to discuss with our educators the sense of urgency, educate and equip them to deal with the different mental issues they may encounter in their respective classrooms. The undersigned would like to conduct a two-day echo seminar to your schoolteachers. The tentative schedule is 10 a.m. Thursday, June 15 to 10 a.m. Friday, June 16 at the Plaza Maria Luisa. A registration fee of 2000 pesos per participant will be collected to cover for the overnight accommodation, 3 full meals (lunch, dinner, breakfast and 2 snacks).

The undersigned would like to request your office to encourage your teachers to attend this "life saving" seminar. Certificates of attendance will be given in coordination with your office.



**Maria Luz Calumpang-Fuentes, PhD**

**Clinical Psychology**

Email Address: [maria-luz-calumpang-fuentes@gmail.com](mailto:maria-luz-calumpang-fuentes@gmail.com)  
Contact number: 09176585767

The seminar will cover the following topics:

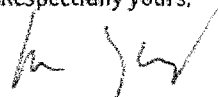
1. Overview of Mental Issues
2. Mood Disorders, Bipolar Disorders, Depression and Suicides (Suicide Ideation)
3. Anxiety and Panic
4. Asperger's Syndrome

Please confirm the attendance of your schoolteachers to this very important workshop on or before Friday, May 26. Text message full name to 09176585767.

God bless you.

Thank you.

Respectfully yours,



Maria Luz Calumpang - Fuentes, PhD  
Clinical Psychology



ATENEO BULATAO CENTER  
FOR PSYCHOLOGICAL SERVICES

presents this

# *CERTIFICATE OF ATTENDANCE*

to

Maria Luz C. Fuentes

ending the workshop on Responding to Students in Need (Psychological First Aid in Schools)  
by Dr. Queena N. Lee-Chua

on April 20, 21, and 22 2017 at the Ateneo De Manila University.

*Liane Peña Alampay*

Liane Peña Alampay, PhD

EXECUTIVE DIRECTOR

ATENEO BULATAO CENTER

PAP-CPD POINTS: 12